

# East

Centre	Address	Tel. No.	Accessible Facilities for disability	Equipment for disability	Activities for disability	Other minority groups	Other information
<b>Grafham Water Centre</b>	Perry, Huntingdon, Cambs PE28 0BX	01480 810 521	Changing room with disabled toilet and shower.	None	Most of the activities in our brochure, depending on the seriousness of the disability.	Yes	
<b>Whitlingham Outdoor Education Centre</b>	Whitlingham, NR14 8TR	01603 632307	Accessible changing rooms, showers and toilets. Centre on one level.	No specialist equipment but have delivered to a range of disabilities by using and adapting existing fleets.	No specific activities but have and will make all steps possible to include people with disabilities.	No specific courses but welcome and individual and group bookings.	We welcome enquiries from all individuals and groups. Any particular needs to be informed as time of enquiry. The centre will then liaise to see if we can meet your needs. This may be enhanced by a pre-set visit/meeting.
<b>Herts Young Mariners</b>	231 Windmill Lane, Cheshunt, Herts EM8 9AJ	01992 628403	Bank side hoist, 2 changing/shower rooms for disabled (one equipped with tracking hoist). One mobile hoist.	A wide verge of canoes and other craft which can be adapted to meet specific needs.	Activities are targetted to meet the needs of the individuals or groups as discussed prior to a one off or ongoing visit.	Specific women and girls only evenings, courses targetted at over 50's and other groups who may need male or female specific staff.	The centre works to enable everybody to participate in adventurous activities and will work with them to meet needs wherever possible.